

# PCP Network Set To Grow

*The P.A.T.H.S. Counselling Partners (PCP) Network needs to grow! We would like to be able to recruit counsellors, who will align themselves with P.A.T.H.S. and grow our database for referrals nationwide. There are criteria and a PCP Pathway to follow. Part of that is the requirement to have done a P.A.T.H.S. Seminar. The Christchurch Seminar is happening 2-3 March 2012 (see notice below).*

*We are also seeking professional bodies (nursing, midwifery, medical, counselling, psychotherapy, social work), church or groups in other centres willing to host a training seminar; to help open up this subject for discussion, and to educate and equip those on the front line working with women and families who may encounter post-abortion women or men. Abortion loss, post abortion stress and trauma, issues relating to a recent or past abortion are often hidden or masked by other issues or present as depression or anxiety. Understanding how an abortion may affect a person and learning appropriate ways of engaging and speaking with someone around their experience can assist a person identify their abortion reactions and open the way to finding healing.*

## **P.A.T.H.S. SEMINAR**

### CHRISTCHURCH 9-10th March 2012

John Paul II Centre, 88 Idris Rd, ChCh

Abortion loss and trauma is not well recognised.

Women, men and families can be adversely affected after a recent or past abortion.

There is still a taboo around talking about their experiences.

The healing journey after an abortion is unique to the individual but there are key elements and issues that need to be understood and worked through.

This seminar offers insights into the post-abortion experience and offers steps for a process of healing to equip you to accompany someone on their journey after abortion.

#### **DAY ONE: MODULE ONE - FOUNDATIONAL DAY**

The foundational day covers topics including:

- possible impacts of abortion
- reasons for abortion
- risks for negative reactions
- men and abortion
- needs in healing and the role of the helper
- context of abortion in NZ
- attitudes and beliefs
- foetal development

*Acknowledgement of post abortion grief and specialised counselling is needed to relieve the pain of post-abortion grief, and health professionals need to be educated about post abortion grief so that they can offer appropriate pre- and post abortion care to all women facing an abortion choice.*

*... the best post abortion counselling model available is the 10 Step Programme of the kind offered by P.A.T.H.S. in Christchurch, and variations that follow the organisation's guidelines would be acceptable and workable if they were appropriate to meeting the individual needs of the women in question.*

*- Karen Hart*

#### **DAY TWO: MODULE TWO - OVERVIEW OF 10 STEP RECOVERY PROGRAMME**

This gives insight into a process to enable you to journey with those experiencing problems after their abortions. It helps you to look at the person you are helping in the context of who they are, their past and their current life, to explore what happened in and around becoming pregnant and map out all aspects of the decision-making time. It journeys through the abortion grief and a process of forgiveness, then looks at the need to develop a relationship with the child, and moving on with life.

**Note:** Module One is a prerequisite for Module Two. Numbers are limited to enable time for discussion.

If you are interested in the Christchurch seminar or are able to help host a similar event in your area please phone 0800 728 470 or email [admin@postabortionpaths.org.nz](mailto:admin@postabortionpaths.org.nz)

# REGISTRATION

P.A.T.H.S. Seminar 9-10 March 2012, Christchurch

Name:.....

Address:.....

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Phone:.....

Email:.....

Cost \$160 (concession \$100 for students or unemployed)

Payment enclosed: \$..... by cheque made out to P.A.T.H.S.

and send to PO Box 1557, Christchurch 8040

or internet payment may be made - email [admin@postabortionpaths.org.nz](mailto:admin@postabortionpaths.org.nz) for details